

Decision-Making Profile

What others need to know to support me to participate in decision making

This sheet is designed to establish a snapshot of current strategies that support me to make decisions and express opinions. This does not describe my potential. You should also refer to my Communication Dictionary.

Name	Date
How I express preferences (like/dislike)	How I say 'Yes' and 'No'
How I show I <u>like</u> something: How I show I <u>do not like</u> something: Other:	<input type="checkbox"/> Verbally (select all that apply) <input type="checkbox"/> Conventional head movements (nod/shake) <input type="checkbox"/> Aided (e.g., a communication device) <input type="checkbox"/> Unconventionally: Yes: - E.g.: No: - E.g.:
How I express my priorities (rank preferences)	How I need options presented
	<input type="checkbox"/> Written (select all that apply) <input type="checkbox"/> Picture symbols <input type="checkbox"/> Photos <input type="checkbox"/> Experiences <input type="checkbox"/> Read aloud <input type="checkbox"/> Videos <input type="checkbox"/> Something else:

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Things that help me make decisions

- Written information (select all that apply)
- Picture symbols
- Photos
- Personal experiences
- Extra time
- One decision at a time
- Planning ahead
- Something else:

Things that do not help me make decisions

- Written information (select all that apply)
- More than one decision at a time
- Time pressure
- No personal experience of the options
- Sensory differences:
- Something else:

Times that are good for making decisions

- After I have eaten (select all that apply)
- After sleeping
- After some medication:
- Certain times of day:
 - Morning
 - Midday
 - Afternoon
 - Evening
- Something else:

Times that are not good for making decisions

- When I am hungry (select all that apply)
- When I am tired
- After some medication:
- After making other decisions
- Certain times of day:
 - Morning
 - Midday
 - Afternoon
 - Evening
- Something else:

Key life experiences I want you to know about

Based on the work of Helen Sanderson Associates: <http://helensandersonassociates.co.uk/>